Brownie Quest

Key 1- The Discover Key

Meeting 1

Supplies: Ball, poster of a Star, 12 Purple cards with the parts of the Law, Motto, and Slogan on them, a copy of the GS Law, copy of Parent Star to hand out. Brownie Quest Map

Have girls sit in a circle. Welcome them to the Brownie Quest. There are 3 keys we will be searching for. Each key has 3 steps that must be completed before we can earn that key.

The first key we will be working to earn is The Discover Key. The first step will be for us to discover the skills, talents and qualities that each of us bring to the Quest.

Step 1. **Ball Toss** – Girls in a circle. We will toss ball to someone in the circle, and that person will then say, “My name is ________, and I have (special talent or skill or quality)

A parent will write down the girl’s skills and talent inside a large poster of a Star.

Each girl should have the ball tossed at them 2-3 times to show off their talents.

Step 2. **Going E.L.F.**
**Explore**
**Link Arms**
Fly into Action

Take the purple cards and hide them in the 2nd classroom. Have the girls’ pair up, link arms, and tell them each team is to find only 2 cards! As the girls get ready to search for the cards tell them that you will be calling out instructions for them to follow, ex. Skip, hop, jump… Remind them even as they pick up the clues, they must still follow the instructions.

OK, ready, set, start the Quest!

After the girls find all the clues, have them come back into the room and sit in the circle. Ask who has clue 1, have them read the clue. #2 read the clue. Etc…

Ask the girls what are these clues you have read off? The slogan, the motto, and the Law

Have girls sit down in circle. Explain to them the GS Law represents a value – something we believe is important and that we try to live by.

Step 3. Discovering My Family Star

Send home copy of a Star. Send home copy of the GS Law (handouts)

Explain to the girls this is homework. They and their families must choose one of the GS Law values, choose one part, and write down why this is important to their family, and how they show its importance. They must also find the talents of their family. Also, tell them that this homework must be completed and returned at the next meeting!

Snack Time

Good-Bye See you next time!!

Meeting 2

Supplies: Discover Key verse, Discover Key Try-It, 2 hula-hoops, Brownie Agreement, Healthy-Living Family Activity letter, Brownie Quest Map

By Annette May
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A. Have the girls sit in their Quest Circle and place their Family Star on the ground in front of them.

Leader - Now last time what did we do in the meeting? Discovered our own talents

Leader – What was your homework? Discover our family’s talents.

Have each girl read what value they chose, and why it’s important to their family and what their family’s talents are.

When done, we have now completed the first Key. It is the Key to Discover.

The Discover Key
It’s all about me;
What I believe
And my family.

Hand to each girl a copy of the Discover Key verse with their name on it, and the Discover Key Try-It attached to it. Have them read the verse out loud together.

Now we are going on move on to the 2nd Key

Key 2- The Connect Key

Step 1. Play a game – Loop the Hoop

2 Teams of 6 girls each
The teams hold hands
Goal – to move the Hula Hoop from one end to the other without letting go of your hands
You can talk to help each other through it, but you can’t let go of your hands!
Play the game. Play it a couple of times, changing girls on the teams a little.

When done, have the girls sit in Brownie Circle.
Ask them, what did we learn while playing the game? And remind them their comments should not be to put someone down, ex. Well so and so let go of my hand…

We learned examples:
1. Let go of mistakes
2. Help each other
3. Listen
4. Talk Kindly
5. Look at the person who is talking.
6. Congratulate the winning team.

Fill out a Brownie Agreement. This agreement shows you care about and are connecting with each other.

Now we have taken our first step in finding the 2nd Key – The Connect Key by filling out a Brownie Agreement.

Step 2. Connect at Home

So now let us connect at home. Let’s show our families we care.

Talk about the Healthy-Living Family Activity.

Make a healthy snack together. Be active together by riding bikes, going for a walk or some other activity together.

Homework - I am going to give you each a letter to take home, to read with your parents, and to do together. You will need to fill out the Healthy Living Commitment Card and return it at our next meeting.

Snack Time
Good-Bye See you next time!!

Meeting 3

Supplies: Circle of ME; provide a copy of the Brownie Team Agreement for them to each have, Connect Key verse, Connect Key Try-It, Brownie Quest Map

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Have girls sit in a circle, check they have their Healthy Living Commitment Card completed. Talk about the Discover Key, that we discovered ours and our family’s talents. Talk about the Brownie Agreement that we have all signed.

Ok ready to complete the Connect key? How many steps do we have left? 2

Step 2 and 3. **Circle of Me.**

Place the Circle ME in the middle of the girls.

1. Ask why is ME in the middle? Think about your Discover Star.

2. What do you think is the next most important to you? (Family) Have each girls talk about their Healthy Living Commitment Cards They will tell what snack they made and what activity they did together as a family

Yeah you have completed STEP 2 of the Connect Key by connecting with your families!

3. What do you think goes in the 3rd circle? Hint. Who are we? The Brownie Circle or Sisterhood, we have the Brownie Team Agreement.

4. Who is in the 4th circle? People in our community, Friends, teachers, relatives, neighbors, people at church businesses…

5. Who is in the 5th circle? People outside our community. Who is outside the community? The whole world!

Step 3. **Caring for Community.**

Read the story of “The Case of the Broken Sidewalk” pg 64. Ask questions: Who did these kids worry about? When something happens to your friends or family do you worry it can happen to someone else?

Why did the kids decide to write a letter?

What is the result of their writing a letter?
I want you to think about the Healthy activities you did with your family. Ask the girls; was there anything in your neighborhood that could use some fixing?

Ex. School needs to provide more water fountains or healthier snack? Maybe your school needs to improve the play area? Maybe you need a bike path?

Have girls talk about them, and decide on which one they should write a letter about to improve it.

Brainstorm a few sentences and write the letter together. I’ll take it home and type it up, and you can all sign it next week.

When done… **Congratulations** you have now completed the second Key. It is the Key to Connect.

The Connect Key
That’s more than me.
It’s my arms and your arms.
Linking together,
We’re free.

Hand to each girl a copy of the Discover Key verse with their name on it, and the Discover Key Try-It attached to it. Have them read the verse out loud together.

Snack Time
Good-Bye See you next time!!

**Meeting 4**

Supplies: Brainstorm Chart; small post-its; Brownie Quest Map

**Key 3- The Take Action Key**

Have girls sit in a circle. You have completed 2 of the Quest Keys. What has been your favorite part so far?
Now it is time for us to Take Action. This means now that we have discovered our strengths, and learned how to work together as a team. We need to use our strengths and work together for our community.

**Step 1. Brainstorm Chart**

1. Ask for places where the girls think they can help the community. Write on chart under Place that the girls think up. Example church, library, etc…

2. Who might need help in these places we have listed on the chart. Example children, the poor, sick people, etc…

3. What can The Brownie ELF Team do to help these people? Collect food, clothes, toys, etc…

**Step 2. Team Decision**

Have girls pair up and link arms. Hand each girl a small post it. Now you girls need to listen to my commands ok?

Hop on your left feet  
Walk Backwards  
Walk Forwards  
Flap you free arm  
Skip.

In between, the commands, say Brownie on the right ask your partner which one she is voting for? Give a couple of more commands and tell the Brownie on the right to put her post it on the board next to the activity that her partner wants to do. Continue game.

March  
Take Tiny steps  
Take one step forward,  
Take two steps backward.
In between, the commands, say Brownie on the left ask your partner which one she is voting for? Give a couple of more commands and tell the Brownie on the left to put her post it on the board next to the activity that her partner wants to do.

Everyone sits down in circle to rest!

Look at the board;
Which ideas more people are interested in doing.
Which ones are they least interested in doing?

Now talk about the ones the girls are most interested in doing. We have to be unanimous about it. As everyone has to participate, otherwise if you don’t participate, you don’t get the 3rd Key.

After a decision is made

Have girls brainstorm a list of questions or pieces of information the girls need to know in order to Take Action.

Example
Who do you think I should contact?
What do we need to bring or do?
When would be a good time to do this?

So think about what we are doing and who we are helping

Snack Time
Good-Bye See you next time!!
In Between Meetings

– Leader looks for a connection in the community where the girls can carry out their project. Find out what they need, what Brownies can do to help them, if it is possible for the girls to come to visit this place to see how their actions will help? Set tentative date for a possible visit.

Meeting 5
Step 2.  Team Decision – cont.

Let’s talk about what project we have decided to do.

Go over answers the Leader got from their phone calls.

Now let’s talk about what we need to do to help whom we have chosen. Example collecting food, gently used toys, etc…

Ask would the girls like to visit the place?

Ask each girl what they hope comes out of them taking action?

Set final plans for what we need to do. Etc…

Step 3.  We are ready to TAKE ACTION. - Carry out plan.

Snack Time
Good-Bye See you next time!!

Meeting 6

Supplies: Brainstorm Chart, Brownie Quest Map, Take Action Try-it, Take Action verse, Lock Try-It.

Girls sit in circle. Talk about what we did. Did we like it? What did we learn? What did you see? Etc…

By doing this action, you have completed Step 3 in the Take Action Key, and have now earned that key.
Hand to each girl a copy of the Take Action Key verse with their name on it, and the Take Action Key Try-It attached to it. Have them read the verse out loud together.

Flying into action  
That’s the biggest key!  
Improving the world  
All around you and me.

Review Brownie Quest Map.

1. What did we do in Steps 1, 2, 3 in Discover Key?  
2. What did we do in Steps 1, 2, 3 in Connect Key?  
3. What did we do in Steps 1, 2, 3 in Take Action Key?

**Unlocking the Code to Leadership**

The Take Action Key is special because it is the last key.

Let’s think about what happens when we put the three keys together. Each time you found a key, we had a special chant. Let’s put it all together.

Each girl takes their 3 Keys to the “Lock” and touches their 3 keys to the “Lock” and gives one example of how she is a leader. At this time hand each girl her Brownie Quest Award Lock

Now that you have your three keys to lead, you can use them to keep on opening doors to more leadership adventures in Girl Scouting!

Snack Time  
Good-Bye See you next time!!

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